



Immediate and Short-Term Outcomes of Transcatheter VS Surgical Closure of Secundum Atrial Septal Defect in Erbil Surgical Specialty Hospital/Cardiac Center

Zahrah Jamal Hamad* Aso Faeq Salih** Zuhair Ibrahim Al-Nasiry***

Abstract

Introduction: The secundum atrial septal defect is a common congenital heart disease in children and adolescents. This study set out to compare transcatheter closure versus surgical closure for secundum atrial septal defect in children and adolescents in terms of immediate and short-term results of.

Methods: A prospective interventional study conducted in Surgical Specialty hospital-Erbil cardiac center in Erbil city-Kurdistan region/Iraq in duration of twelve months 1st of April 2023 to 31st of March 2024 on sample of 50 children with secundum atrial septal defect divided into two study groups (25 children underwent transcatheter intervention and 25 children underwent surgical intervention). Post procedure outcomes (Heart rate, ECG changes, complications, hospital stay duration) were assessed.

Results: In both study groups, the means of vital signs were significantly reduced after 3 months from intervention ($p < 0.001$). After 3 months, the means of heart rate and QRS duration were not significantly different between two study groups ($p > 0.05$), while means of p wave minimum, p wave maximum, p wave dispersion and PR interval were significantly lower among children underwent transcatheter intervention ($p \leq 0.05$). There was a highly a significant association between longer hospital stay and children underwent surgical intervention ($p < 0.001$).

Conclusion: Both transcatheter and surgical closure of secundum atrial septal defect are effective, but the transcatheter intervention is associated with less immediate complications and shorter hospital stay duration.

Keywords: Atrial septal defect, Echocardiogram, Transcatheter, Surgery

*MBChB, M.B.Ch.B, FKBMS (Ped), Pediatric Cardiology. Surgical Specialty Hospital-Erbil Cardiac Center-Erbil City-Kurdistan Region/Iraq. Email: Zahra.jamal89@yahoo.com, Corresponding Author.

**M.B.Ch.B, DCH, FIBMS, FACC, MSc Pediatric Cardiology; Professor in Pediatric Cardiology; Sulaimanyah Center- Sulaimanyah City-Kurdistan Region/Iraq.

***M.B.Ch.B, D.M, MSc Pediatric Cardiology; Surgical Specialty Hospital-Erbil Cardiac Center-Erbil City-Kurdistan Region/Iraq.



Introduction

The atrial septal defect (ASD) is a common congenital heart disease detected in about one-fourth of children.¹ The ASD is recognized as failed in closing the connection between right and left heart atria caused by defective true septal membrane or other defects. It is composed of 5 types commonly; patent foramen ovale, ostium secundum defect, ostium primum defect, sinus venosus defect and coronary sinus defect.² Atrial septal defects with small size will close spontaneously, while those with large size may need trans-catheter or surgical management in order to prevent future co-morbidities like stroke, dysrhythmias and pulmonary hypertension.³ The secundum atrial septal defect (ASD II) is a prevalent type of ASD with prevalence of 164 in 100,000 live births and high incidence among premature children.⁴ Most cases of ASD II are asymptomatic in early childhood, while small size asymptomatic ASD II closes spontaneously.⁵ Generally, the ASD constituted a global prevalence of 1.6/1000 live births and global incidence rate of 56/100,000 live births.^{6,7} On echocardiography, ASD incidence rate reached to 100/100,000 live births.⁷ The interventional ASD closure is essential for asymptomatic children with remarkable hemodynamic shunt at early childhood.⁸ The life expectancy of children with ASD is lower than normal children.⁹ Heart failure symptoms, failure to thrive and high infection incidence rates might clarify the need for early interventional closure.¹⁰ Many authors found that prematurity of infants delayed spontaneous closure of ASD.^{11,12} Moreover, atrial shunt might negatively affect the pulmonary hypertension.¹³⁻¹⁵ Interventional closure by surgery is efficient treatment for ASD accompanied by low death rate in children without co-morbidities and long life expectancy especially if done at earlier age.¹⁷ Interventional closure by trans-catheter is the

treatment of choice for children with secundum ASD, with equal efficacy of surgical intervention.^{18,19} Fortunately, the trans-catheter interventional ASD closure is safe, preventing different postoperative complications of surgical intervention like anesthesia, thoracotomy, cardiopulmonary bypass and also accompanied with short length of hospital stay.²⁰ However, the trans-catheter ASD closure is complicated by device embolization that needs surgical intervention, in addition to rare cardiac erosion or perforation and infection with future endocarditis, allergy and thrombus formation.^{21,22} The aim of this study was to assess transcatheter closure of secundum ASD in children and adolescents in terms of immediate and short-term outcomes, comparing its safety and effectiveness with surgical repair. It also focused on evaluating how the heart's electrical activity remodels following both transcatheter and surgical ASD closure, all within a single institution.

Patients and methods

A prospective interventional study conducted in Surgical Specialty hospital-Erbil cardiac center in Erbil city-Kurdistan region/Iraq in duration of twelve months from 1st of April 2023 to 31st of March 2024. The selected sample size was 50 children with secundum ASD divided into two study groups (25 children underwent transcatheter intervention and 25 children underwent surgical intervention). All children with atrial septal defect (ASD) presented to cardiac center for management were the study population. The study included children and adolescents aged 2 to 17 years with secundum ASD. For the device group, the ASD diameter measured by echocardiography ranged from 8 mm to 38 mm, while there was no size limit for the surgical group. Additional criteria included the presence of right ventricular volume overload (categorized into mild moderate and severe according to Feigenbaum et al.) with a left-to-right shunt, a minimal shunt





accompanied by symptoms such as arrhythmias or transient ischemic attacks, and a distance of more than 5 mm between the ASD margins and the superior vena cava (SVC), inferior vena cava (IVC), atrioventricular valves, and right upper pulmonary vein, as determined by echocardiography.^{23,24} Exclusion criteria for the study included children weighing less than 8 kg, those with additional congenital heart defects requiring surgery, and patients with a right-to-left atrial shunt causing peripheral oxygen saturation below 94%. The study also excluded patients with other types of ASD, such as primum ASD or sinus venosus ASD (including cases with partial anomalous pulmonary venous drainage), multiple defects that could not be effectively treated with a device, and situations where parents declined to participate in the study. Information of patients was acquired directly with interviewing them or from their parents and saved in a well-designed questionnaire that was included general characteristics of patients (age, sex, weight and presentation), intervention type, vital signs, Electrocardiography and transthoracic echocardiography (type of intra-atrial septum defect, ASD diameter by Transthoracic Echocardiogram (TTE), right side volume load, mitral valve abnormalities and mitral regurgitation) and outcome of each procedure (immediate complications such as bleeding from the site of intervention, residual shunt, air embolism new valve insufficiency, arrhythmias, and stroke; complications during follow up such as pleural effusion, wound infection, pericardial effusion and length of hospital stay). Vital signs were measured by nurse on call in pediatric ward and in ICU and all investigations were done in Surgical Specialty hospital-Erbil cardiac center. All patients underwent full echocardiographic study at baseline and during follow up using (GE Vivid E9) echocardiography machine, 5 and 6

transducer probes. The diagnosis of ASD secundum was made using 2D echocardiography with Doppler and color imaging, capturing detailed views from the parasternal, subxiphoid, and apical angles. This approach allowed for a precise assessment of the ASD's size, surrounding structures, morphological characteristics, and the rims of the defect. A standard 12-lead electrocardiogram (ECG) was taken for all patients, both at the beginning of the study and during follow-up visits, using a paper speed of 25 mm/s and a calibration of 1 mV/cm. The measurements for the P wave, PR interval, and QRS duration were taken as follows: P wave was measured from the start, where the P wave begins to rise from the isoelectric line, to the end, where it returns to the isoelectric line after the deflection. In any of the 12 ECG leads, the shortest duration was noted as the P wave minimum (P min), while the longest duration of the P wave was recorded as the P wave maximum (P max). P wave dispersion (P dis) was calculated by taking the difference between the longest P wave duration (P max) and the shortest (P min). The PR interval was measured from the onset of the P wave to the start of the QRS complex. QRS duration was defined as the time from the beginning to the end of the QRS complex in any lead, specifically measuring the interval from the first to the last sharp deflection crossing the isoelectric line.²⁵ Percutaneous transcatheter ASD closure was carried out under general anesthesia when the anatomical features and surrounding rims of the defect were suitable. The procedure was guided by fluoroscopy and transesophageal echocardiography (TEE), using the Amplatzer septal occluder (ASO) device. The success of the device placement was confirmed by checking for any significant leakage and through transthoracic echocardiography (TTE). For patients whose defects were not appropriate for transcatheter closure, surgical closure was





performed using a patch technique. Follow up of each individual patient was on 24 hours after procedure and 3 months after procedure by means of clinical assessment, 12 lead ECG and echocardiography. Ethics of study was implemented in regard to Ethical Committee of Kurdistan Higher Council for Medical Specializations with consent of parents and continuing their monitoring and management. The study statistics was accomplished through using statistical package of social sciences, version 26 and apply of chi-square or fissures exact tests for categorical variables with level of significance was put at <0.05.

Results

This study included 50 children with secundum ASD divided into two study groups (25 children underwent transcatheter intervention and 25 children underwent surgical intervention). The mean weight of the patients underwent transcatheter intervention was 28.6±11.3 and those underwent surgical intervention was 29.1±12.7. Majority of patients (84% of transcatheter and 76% of surgical group) were asymptomatic and referred to our department because of an incidentally detected heart murmur. No significant differences were observed between children of both study groups regarding general characteristics (p>0.05), Table (1).

Table (1): Distribution of children's general characteristics according to study groups

Variable	Intervention type				P
	Transcatheter		Surgical		
	No.	%	No.	%	
Age					0.13 NS
<5 years	3	12.0	6	24.0	
5-10 years	16	64.0	9	36.0	
11-17 years	6	24.0	10	40.0	
Sex					0.5 NS
Male	11	44.0	9	36.0	
Female	14	56.0	16	64.0	

Weight (Kg)	28.6±11.3		29.1±12.7		0.8
Presentation					0.3 NS
Asymptomatic	21	84.0	19	76.0	
Palpitation	4	16.0	4	16.0	
Frequent respiratory tract infection	0	-	2	8.0	

NS=Not significant, S=Significant.

There were no significant differences between both study groups regarding type of IAS defect, ASD diameter by TTE, mitral valve abnormalities. The mean ASD diameter for transcatheter group was 18.28 mm and for surgical group was 23.36 mm. A significant difference between study groups was observed in regard to right side volume load (p=0.01); no children underwent transcatheter with severe right side volume load, while 28% of children underwent surgery had severe right side volume load Table (2).

Table (2): Distribution of pre-procedure transthoracic echocardiography in regard to study groups

Variable	Intervention type				P
	Transcatheter		Surgical		
	No.	%	No.	%	
Right side volume load					0.01 S
Mild	8	32.0	4	16.0	
Moderate	17	68.0	14	56.0	
Severe	0	-	7	28.0	
Type of IAS defect					0.32 NS
Single defect	25	100.0	22	88.0	
Multiple fenestrated	0	-	1	4.0	
Aneurysmal	0	-	2	8.0	
ASD diameter by TTE					0.07 NS
8-18 mm	13	52.0	10	40.0	
19-29 mm	12	48.0	9	36.0	
30-38 mm	0	-	5	20.0	
≥39 mm	0	-	1	4.0	





Mitral valve abnormalities					0.14 NS
No	23	92.0	25	100.0	
Yes	2	8.0	0	-	

NS=Not significant, S=Significant.

Before the intervention, the average heart rate, P wave dispersion, and QRS duration were similar between the two study groups ($p>0.05$). However, children who underwent surgical intervention had significantly higher means for P wave minimum, P wave maximum, and PR interval compared to those who received transcatheter treatment ($p\leq 0.05$). At 24 hours and on 3 months follow up visit the means of heart rate and QRS duration were not significantly different between two study groups ($p>0.05$), while means of p wave minimum, p wave maximum, p wave dispersion and PR interval were significantly lower among children underwent transcatheter intervention ($p\leq 0.05$) Table (3).

Table (3): Distribution of electrocardiographic parameters at different periods in regard to study groups

Variable	Intervention type		P
	Transcatheter	Surgical	
	Mean±SD	Mean±SD	
Before procedure			
Heart rate (b/m)	92.7±11.1	95.2±13.3	0.5 ^{NS}
P min (msec.)	76.9±9.5	87±7.6	<0.001 ^S
P max (msec.)	114.6±10.4	127.6±10.1	<0.001 ^S
P dis (msec.)	37.6±4.7	40.6±7.4	0.09 ^{NS}
PR interval (msec.)	157.6±13.7	169.4±14.3	0.005 ^S
QRS duration (msec.)	94.1±7.3	98.3±11.1	0.1 ^{NS}
After 24 hours			

Heart rate (b/m)	89.7±6.5	89.5±6	0.9 ^{NS}
P min (msec.)	72.1±8	83.4±6.9	<0.001 ^S
P max (msec.)	96.8±9.7	113±8.7	<0.001 ^S
P dis (msec.)	24.7±3.5	29.6±5.3	<0.001 ^S
PR interval	143.7±12.9	157.6±13.7	0.001 ^S
QRS duration	88.7±6.3	93.1±10.6	0.08 ^{NS}
After 3 months			
Heart rate (b/m)	84.9±3.7	85.1±5.3	0.9 ^{NS}
P min (msec.)	67.6±7.4	79.7±6.4	<0.001 ^S
P max (msec.)	89.7±8.3	106.5±8.7	<0.001 ^S
P dis (msec.)	22.1±2.5	26.8±4.7	<0.001 ^S
PR interval	132.5±12.3	146.2±13.2	<0.001 ^S
QRS duration (msec.)	85.1±5.6	86.6±6.2	0.3 ^{NS}

NS=Not significant, S=Significant.

The means of heart rate (HR), QRS duration, PR interval, p min, p max, p dis, and of children were significantly reduced after 3 months from transcatheter intervention ($p<0.001$). The means of HR, p max, p min, p wave dispersion, QRS duration and PR interval of children were significantly reduced after 3 months from surgical intervention ($p<0.001$) Table (4). The immediate complication was significantly higher among children underwent surgical intervention than transcatheter intervention ($p=0.03$). There were no significant differences between both study groups regarding complications during follow up. There was a highly a significant association between longer hospital stay and children underwent surgical intervention ($p<0.001$) Table (5).





Table (4): Distribution of study groups electrocardiographic parameters before and after intervention

Variable	Before	After 24 hrs	After 3 months	P
	Mean±SD	Mean±SD	Mean±SD	
Transcatheter				
Heart rate (b/m)	92.7±11.1	89.7±6.5	84.9±3.7	<0.001 ^S
P wave minimum (msec.)	76.9±9.5	72.1±8	67.6±7.4	<0.001 ^S
P wave maximum (msec.)	114.6±10.4	96.8±9.7	89.7±8.3	<0.001 ^S
P wave dispersion (msec.)	37.6±4.7	24.7±3.5	22.1±2.5	<0.001 ^S
PR interval (msec.)	157.6±13.7	143.7±12.9	132.5±12.3	<0.001 ^S
QRS duration (msec.)	94.1±7.3	88.7±6.3	85.1±5.6	<0.001 ^S
Surgical				
Heart rate (b/m)	95.2±13.3	89.5±6	85.1±5.3	<0.001 ^S
P wave minimum (msec.)	87±7.6	83.4±6.9	79.7±6.4	<0.001 ^S
P wave maximum (msec.)	127.6±10.1	113±8.7	106.5±8.7	<0.001 ^S
P wave dispersion (msec.)	40.6±7.4	29.6±5.3	26.8±4.7	<0.001 ^S
PR interval (msec.)	169.4±14.3	157.6±13.7	146.2±13.2	<0.001 ^S
QRS duration (msec.)	98.3±11.1	93.1±10.6	86.6±6.2	<0.001 ^S

Table (5): Distribution of outcomes in regard to study groups

Variable	Intervention type				P
	Transcathete		Surgical		
	No.	%	No.	%	
Immediate complications					0.03 ^S
Yes	3	12.0	6	24.0	
No	22	88.0	19	76.0	
Complications during follow up					0.3 ^{NS}
Yes	1	4.0	0	-	
No	24	96.0	25	100.	
Length of hospital stay					<0.001 ^S
1-2 days	24	96.0	0	-	
3-4 days	0		0	-	
5-7 days	1	4.0	25	100.0	

NS=Not significant, S=Significant

ASD device closure was successful in all patients, there were no bleeding from the site of intervention, no arrhythmias, no air embolism, no stroke, only two patients had trivial residual shunting which was not evident at 24 hours follow up and one patient had new mitral valve insufficiency, Figure (1).

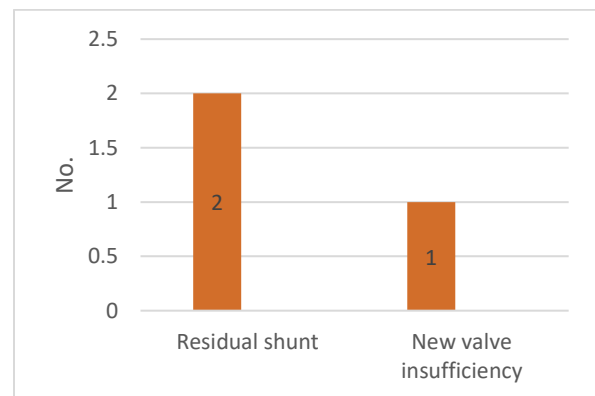


Figure (1): Immediate complications of transcatheter intervention.





The immediate complications of surgical interventions were mild pleural effusion (8%), trace pericardial effusion (2%) and wound infection (2%) which all resolved during period of hospital stay and none of them needed any intervention, Figure (2).

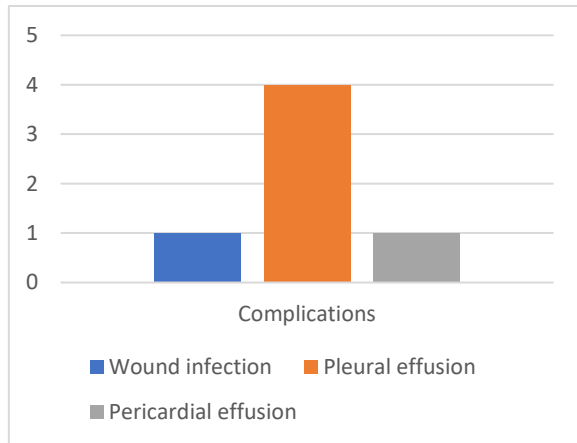


Figure (2): Immediate complications of surgical intervention.

Discussion

This study demonstrated that the mean HR, P wave minimum, P wave maximum, P wave dispersion, QRS duration, and PR interval in children with secundum ASD significantly decreased three months after transcatheter intervention. Similarly, other studies have documented the effectiveness of transcatheter intervention in reducing the risk of arrhythmias in children with secundum ASD following defect closure.²⁶ Our study also found that the mean HR, PR interval, QRS duration, p wave minimum, p wave maximum, and p wave dispersion were significantly reduced three months after surgical intervention. This finding aligns with Talwar et al.'s study, which reported the effectiveness of surgical closure of secundum ASD in preventing arrhythmias among children.²⁷ However, our study found no significant difference in mean heart rate and QRS duration between the two groups after three months, while the means of p wave minimum, p wave maximum, p wave

dispersion, and PR interval were significantly lower in children who underwent transcatheter intervention compared to surgery. These findings are consistent with Mansour et al.'s prospective study, which reported greater effectiveness of transcatheter intervention in preventing arrhythmias than surgical intervention.²⁸ The current study found a significant relationship between severe right-sided volume load and children with secundum ASD who underwent surgery. Consistent with this, Du et al.'s multicenter non-randomized study, found that children with secundum ASD who underwent surgical intervention had a higher prevalence of severe right-sided volume load compared to those who underwent transcatheter intervention.²⁹ Our study also found that immediate complications were significantly higher among children with secundum ASD who underwent surgical intervention than those who had transcatheter intervention. This is in line with Siddiqui et al.'s review study, from developing countries, which reported that both transcatheter and surgical interventions effectively closed secundum ASD, but with fewer immediate complications among children who underwent transcatheter intervention.³⁰ In our study, there were no significant differences between transcatheter and surgical interventions regarding complications during follow-up. This result is congruent to the results of Saleem et al.'s prospective comparative study, which revealed that the short-term complications of transcatheter and surgical interventions in children with secundum ASD are comparable.³¹ However, our study revealed a significant correlation between extended hospital stays and children who underwent surgical intervention. This finding is consistent with Askari et al.'s single-center retrospective cohort study, in Iran, which showed that both transcatheter and surgical interventions are effective in closing secundum ASD, but with higher





short-term complication rates and longer hospital stays in children who underwent surgical intervention.³² The current study reported that the immediate complications of transcatheter interventions included bleeding and hematoma (4%), residual shunt (4%), pericardial effusion (2%), and new valve insufficiency (2%). These results are in agreement with Bartakian et al.'s retrospective study.³³ Our study also found that the immediate complications of surgical interventions included pleural effusion (10%), pleural and pericardial effusion (8%), wound infection (2%), and pericardial effusion (8%). These results are consistent with the findings of Kodaira et al.'s retrospective study conducted in a single-center.³⁴

Conclusion

Both transcatheter and surgical interventions for closing secundum ASD are effective, but transcatheter intervention is associated with fewer immediate complications, shorter hospital stays, and faster cardiac electrical remodeling. This study recommends earlier transcatheter intervention for patients who are indicated.

Conflict of interest

None.

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